

HAPPENDANCE LEVEL GUIDE

Time	Level 1	Level 2	Level 3	Level 4
7.30pm	Level 1	Level 1	Level 3	Level 3
8.15pm	15min Social	15min Social	15min Social	15min Social
8.30pm	Break/Watch	Level 2	Level 2	Level 4
9.15pm	Social Dancing	Social Dancing	Social Dancing	Social Dancing

LEVEL ASSESSMENT TAKE PLACE EVERY 6 WEEKS OR AS PART OF A PRIVATE LESSON WITH ONE OF THE HD INSTRUCTORS

Assessments are conducted informally, and students are told by teachers when they are ready to move to the next level. If you feel ready to progress to the next level, talk to any of the teachers who will be able to assist with when the next assessment is. Once you have been assessed to move to the next level, we strongly encourage students to continue attending multiple classes, e.g. once in level 2 keep coming along to both level 1 and 2, this will accelerate your dancing.

HAPPENDANCE - WEST COAST SWING

Class Levels and Entry Requirements

This guide explains the class levels delivered at HappensDance West Coast Swing weekly classes. There are entry requirements for each level and assessments are done at the end of each 6 week block (or as part of private lessons with an instructor). Assessments are conducted informally and students are told by teachers when they are ready to move to the next level. If you would like to progress to the next stage of class talk to any of the teachers who will be able to assist with when the next assessment is. Once you have been assessed to move to the next level we strongly encourage students to continue attending multiple classes, e.g. once in level 2 keep coming along to both level 1 and 2, this will accelerate your dancing.

Even if you have been dancing for a long time we require everyone to start from level 1 and progress through the levels as guided by one of our instructors.

Level	Class Summary	Entry Requirements
Level 1 (Beginners)	Runs over two 6 week blocks, each block being slightly different from the last. Covering a series of basic West Coast Swing patterns that anyone can learn.	<input type="checkbox"/> Nothing! This class is open to all new students and we also encourage ongoing students to keep coming to this level as you can never practice the basics too much.
Level 2 (Continuers)	Runs as a 12 week curriculum, each class is stand alone so can be attended casually. This class builds on the details that would have been missed in level 1 but also showcases some additional basic patterns and variations.	<input type="checkbox"/> Attended both beginner A and B Blocks - 12 weeks of level 1 class as a minimum <input type="checkbox"/> Can do basic 6 and 8 count rhythm on their own (on the spot or within a pattern) <input type="checkbox"/> Understands the concept of a slot and linear dance style of West Coast Swing <input type="checkbox"/> Understands the idea of an anchor (end of the pattern or an away feeling)

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<p>Level 3 (Progression)</p>	<p>Runs as a 12 week curriculum, each class is stand alone so can be attended casually.</p> <p>This class gets much more complex in content and varies greatly on the design as the content is less prescriptive than level 1 and 2. More variations are added at this level and teaching skills about building the complexity within your own dancing and being better as moving with and without your partner.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Attended both 12 weeks of level 1 class and 12 weeks of level 2 class (minimum 24 weeks attended) <input type="checkbox"/> Showing early partnership cooperation techniques (e.g. avoids collisions on social floor, can maintain a clear frame) <input type="checkbox"/> Can execute all patterns from level 1 & 2 class (with and without a partner); 	
<p>Level 4 (Fundamentals)</p>	<p>Runs as a 12 week curriculum, each class is stand alone so can be attended casually.</p> <p>This class is about the details for us dance nerds that love West Coast Swing and want to better understand all the elements that make the dance so wonderful! Includes techniques to work through in private lessons or self paced learning and is about building community in the right way. This class will have more complex techniques that require someone to have been dancing West Coast Swing for some time.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Starter step <input type="checkbox"/> Slingshot throwout <input type="checkbox"/> Left side pass <input type="checkbox"/> Left side inside roll <input type="checkbox"/> Underarm turn <input type="checkbox"/> Underarm Turn to closed <input type="checkbox"/> Basic Release Whip <input type="checkbox"/> Push break <input type="checkbox"/> Push tuck <input type="checkbox"/> Passing tuck 	<ul style="list-style-type: none"> <input type="checkbox"/> Basket whip (8-count version) <input type="checkbox"/> Push break closed to closed <input type="checkbox"/> Push break closed to Open <input type="checkbox"/> Underarm cut-off 'hip catch' <input type="checkbox"/> Turning basic <input type="checkbox"/> Underarm turn entry whip <input type="checkbox"/> Push break with hand change <input type="checkbox"/> Freedom pass (both on the right and left) <input type="checkbox"/> Right torque turn <input type="checkbox"/> Open Whip <input type="checkbox"/> Reverse entry whip Basic release whip
		<ul style="list-style-type: none"> <input type="checkbox"/> Attended Level 1, 2 and 3 curriculum (minimum 12 months of dancing West Coast Swing) <input type="checkbox"/> Demonstrates good use of partnership and communication within dancing <input type="checkbox"/> Can execute an intentional variation on all basic patterns (e.g. adjusted timing, anchor variations, extensions, altered connection types) <input type="checkbox"/> Successfully carries out basic rhythm changes <input type="checkbox"/> Demonstrates basic deceleration and acceleration (control of timing (e.g. delayed single, half time, followers adjusting rate of turns etc.) <input type="checkbox"/> Displays support and encouragement for lower level students through active participation in other classes and social dancing etc. 	